

## Build your own Pet First Aid Kit

[doggieandme.com](http://doggieandme.com)



Because  
you can only work  
with what you have!

Below is a list of items we suggest for a basic kit;

Latex-Free Gloves (*Nitrile)	Pet First Aid Book
Cotton Swabs (*Q-Tips)	Emergency contact names and numbers
Small and Large plastic Syringe ( <i>*No needles</i> )	Some ER Cash
BPS Free Water Bottle (filled)	One-Size-Fits-All Temporary Muzzle
Blunt Nose Scissors	Extra Leashes and or "D" Leash
Ticked-Off Tick Remover	Cold Packs
Tweezers	Antiseptic Towelettes
Digital Thermometer	3% Hydrogen Peroxide (4 fl oz)
Non-Stick Pads for burns (6)	Saline Solution Eye Wash (4 fl oz)
Gauze Squares (10)	Iodine Swab Sticks / Antiseptic
Gauze Rolls (4)	Triple Antibiotic Ointment ( <i>*Neosporin</i> )
White Adhesive Roll Tape	1% Hydrocortisone Cream / Anti-inflammatory
Flex-Wrap Self-Adhering Elastic Bandage	Tri-Buffered Aspirin Tablets (Call your Vet for dosage)
Triangular Bandage for slings/splints or bandannas	Diphen-hydramine Tablets/Antihistamine ( <i>*Benadryl</i> )
Emergency Blanket	Diotame Tablets/Antacid ( <i>*Tums</i> )
Portable Food and Water Bowl	Simethicone / Antacid ( <i>*Gas-X</i> )
Emergency Meal and Water	Antibacterial Soap ( <i>*Dial barsoap</i> )
Doggie Walk Bags	Chlorexidine Cleanser ( <i>*Hibiclens</i> ) / Disinfect
Pets Toy	Water Based Protectant ( <i>*K-Y Jelly</i> )
Emergency ID Tag	Styptic Powder

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Special items in my own kit include;

Pedialyte  
Witch Hazel or Vinegar  
Gold Bond Powder  
(*\*Vetericyn*)  
Aloe Vera  
Activated Charcoal  
Epson Salts

Additional Items in my home;

Ginger Snap Cookies / tummy aches  
Pure Pumpkin / Diarrhea or Constipation  
Plain Yogurt / Yeast Infection  
Mineral Oil  
Homeopaths \* Additional Education Required  
Essential Oils \* Additional Education Required  
Scan your environment, manage your emotions!

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**Have your emergency contact numbers in your phone**

**So you can speak with someone who can help walk you through an emergency situation**